



### INFORMATION Slide Deck



HMB 323 – Global Health Research International Course Module in Athens, Greece

> Dr. Helen Dimaras Dr. Maria Papaconstantinou



- Dates: 18-25 February, 2023
- Location: Athens, Greece







- Economic Crisis: deep budget cuts; austerity measures affected ordinary citizens
- Refugees in Greece: 50,000; >150,000 arrivals at peak of crisis
- Healthcare & Services: public system stressed; NGOs; healthcare start-ups
- Many international volunteer teams that provide healthcare / supportive efforts

### + Past ICM teams to Athens, Greece

- Past teams examined the double burden of the economic crisis and refugee crisis, and its impact on health
- The teams conducted informational interviews with:
  - Community clinics (e.g. Praksis, Doctors of the World, MSF)
  - Academics (e.g. College Year in Athens, Panteion University)
  - Grassroots community initiatives (e.g. Victoria Square Project, STEPS organization)
  - NGOs (e.g. Khora, Greek Forum for Refugees)
  - The Canadian Embassy in Greece
  - The Greek Ministry of Health
  - to learn about local efforts aiming to improve health.

### + The 2018 team to Athens, Greece



http://lab.research.sickkids.ca/dimaras/teaching/icm-2018/

### The 2018 team to Athens, Greece

#### **#HMBICM2018**

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https://twitter.com/hashtag/HMBICM2018?src=hash

https://news.artsci.utoronto.ca/all-news/arts-science-students-putclasswork-use-abroad/

#### + The 2019 team to Athens, Greece



The team visited Doctors Without Borders - Greece.



After a week of academic activities, the team visits the site of the Ancient Acropolis.

http://lab.research.sickkids.ca/dimaras/teaching/icm-2019/

#### + The 2019 team to Athens, Greece





@Hmblcm Follows you

Student-run account reflecting on daily lessons and experiences during #international #course #module in Athens, Greece. Students of @UofT\_HMB HMB323 course

Joined February 2019



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- Instagram Account: https://www.instagram.com/hmbicm/
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- #hmbicmgreece2019

#### + The 2020 team to Athens, Greece





•<u>Instagram Account:</u> https://www.instagram.com/hmbicm/ •<u>Twitter account:</u> https://twitter.com/HmbIcm •#hmbicmgreece2020

### + The 2023 team to Athens, Greece

Goal: Experiential learning to complement HMB323 course content

Activities:

- \*independent\* interviews, discussion, dialogue
- Participation in solidarity initiative
- Group visits to NGOs, academic institutions or government offices
- Critical reflection (oral and written)
- Social media summaries of daily activities

HMB323 assignment MUST reflect lessons learned in Athens



### Dr. Helen Dimaras HMB323 Global Health Research instructor

### Dr. Maria Papaconstantinou HMB203 Introduction to Global Health instructor

### Who is eligible to participate?

#### Must be enrolled in HMB323 Global Health Research

- Must have valid passport at time of travel (and with expiry 6 months or more post return flight date)
- Must complete & submit an application package <u>on time</u>!
- Language: Greek is not required (but it is a bonus, as are other languages, eg. Arabic, Hindi, French, etc., which may be spoken by new refugees or NGO workers)



- return airfare (YYZ ATH YYZ)
- airport transfers (to/from accommodation) in Athens
- shared accommodation (with breakfast included)
- 2 group dinners (first and final nights)
- per diem for remaining meals
- Iocal transportation (public transit) in Athens
- a team excursion to the site of the Ancient Acropolis and Acropolis Museum

#### + Mandatory Financial Contribution

Students are expected to contribute
\$200 CAD towards the cost of the trip

To reserve your spot on the team (once accepted), you will be required to pay this amount up front

#### + How will the students be selected?

### Applications will be vetted by an HMB committee & the faculty of Arts & Science

- Application package consists of:
  - Application form: who you are, your skills, experience, letter of intent (why do you want to participate?)

## How many students will be selected to travel to Athens?

### Approximately 10 students will travel to Athens, Greece....

...but everyone in class will be involved in learning about the health challenges in Greece!

#### **#HMBICMGreece2023**



### The online application form can be found at:

https://www.hmb.utoronto.ca/node/139/300level-core-courses#hmb323-icm-infoaccordion-2

#### DEADLINE: 21 November 2022 (11:59pm)

**STUDENTS NOTIFIED: December 2022** 

### **Application Form Questions**

- Q1. Given Name (as it appears on your TCard)
- Q2. Surname (as it appears on your TCard)
- Q3. Preferred First Name (Optional)
- Q4. Your utoronto email address (note: any other type of email address in this box will disqualify your application)
- Q5. Do you have a valid passport for travel that expires NO earlier than September 2023
- Q6. Are you enrolled/waitlisted in HMB323H1S- Winter 2023
- Q7. What are your Programs of Study?
- Q8. Select the answer that best describes your knowledge of the languages listed below.

Answer Choices/ Languages	None	Basic Familiarity (Tourist Level)	Some Familiarity (I can somewhat read the language, and I can make short sentences)	Familiar (I can read the language well, and I can have short conversations)	Intermediate (I have studied this language for at least two years/it is used at home)	Native Speaker (this is my first language)
Greek						
Arabic						
Urdu						
French						
Please list a	ny other	languages you	ı know (at least profic	ciently) here:		

### **Questions Cont'd**

Q9. List your top 3 extra-curricular activities.

Q10. Describe your previous research experience.

Q11. Have you participated in any other international activities with the University of Toronto? Please list them, and indicate if you received funding for these.

Q12. Why do you want to participate in this research opportunity?

Q13. Why are you a good candidate for this research opportunity?

Q14. What do you expect to accomplish and learn on this trip and after?

Q15. Please provide any additional information you would like the Selection Committee to know.

Q16. I confirm that I will email my CV to hmb.undergrad@utoronto.ca in order for my application to be considered complete.

### Prepare yourself: read the news!

#### UN refugee agency 'deeply distressed' by reports of nearly 100 stripped migrants at Greece-Turkey border

By Allegra Goodwin and Chris Liakos, CNN Published 10:31 PM EDT, Sun October 16, 2022



Migration	Greece and Turkey trade blame after 92 naked migrants rescued at border
	UN calls for a full investigation, as Greek authorities brand Turkey's behaviour a 'shame to civilisation'
Samantha Lock and agencies	
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#### WHO/Europe and Greek Ministry of Health assess state of hospitals in Greece

18 October 2022 | News release | Reading time: 2 min (472 words)

Honouring its commitment to helping countries improve health-care systems and recognizing the changing role of hospitals in the WHO European Region, WHO/Europe, through the WHO Athens Quality of Care Office and the WHO Country Office in Greece, has joined forces with Greece's Ministry of Health to assess the state of hospitals in the country.

This assessment will provide the Ministry with a clear picture of the current situation as well as needs and gaps in the sector, and propose a way forward for the most effective and efficient use of hospitals across the country.

# Prepare yourself: read the scientific literature (more like these await you in HMB323)!

- Dimitrios Theodossopoulos. Philanthropy or solidarity? Ethical dilemmas about humanitarianism in crisis-afflicted Greece: <u>http://onlinelibrary.wiley.com/doi/10.1111/1469-8676.12304/abstract</u>
- Migrant and refugee...global crisis: <u>https://www.ncbi.nlm.nih.gov/pubmed/30250735</u>
- Mental health and refugee crisis: <u>https://www.ncbi.nlm.nih.gov/pubmed/30202431</u>
- Impact of refugee crisis on Greek healthcare system: <u>https://www.ncbi.nlm.nih.gov/pubmed/30127321</u>

# Prepare yourself: watch some films!

- Austerity: <u>https://www.youtube.com/watch?v=PPnXXxNZREg</u>
- Sisa cocaine of the poor: <u>https://www.vice.com/en\_ca/article/3b5gwb/sisa-cocaine-of-the-poor-full-length</u>
- Human Flow: <u>https://www.humanflow.com</u>
- <u>4.1 Miles: https://www.nytimes.com/video/opinion/10000004674545/41-miles.html</u>
- And read some commentary about films: <u>https://www.theguardian.com/film/2018/apr/01/refugee-films-another-news-story-stranger-in-paradise-island-of-hungry-ghosts</u>